



Help  
starts  
here

**Dial 2-1-1  
or visit [NC211.org](http://NC211.org)**

**Free • Confidential • 24/7/365 • Multilingual**

**We can help you find...**

- ◆ Food, housing, and utility assistance
- ◆ Health care services
- ◆ Counseling, mental health, and substance abuse services
- ◆ Senior services
- ◆ Education and employment assistance
- ◆ Financial education and credit counseling
- ◆ Disaster services
- ◆ And more...

**Simply dial 2-1-1 or 888-892-1162 to reach a caring professional who can access a network of resources in your community or visit [NC211.org](http://NC211.org).**

*Brought to you by*

